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EXCLUSIVE

★ The Wellness Issue ★

RENEWAL

Bold Charlotte women are redefining strength, local nonprofits are rekindling community, and our athletes are doing the impossible. In 2017, we're all simply improving.

Strong is beautiful.



Emily Breeze of Stax Bootcamp | p. 126

Kent Youngstrom's Art / Coco and the Director / Discovery Place's Ghengis Khan / O-Ku Sushi / Isabella Carolina Luxury Spas / Graylyn / Dream Center / Haberdish Ice / A Gerrard Builders Home / Hilton Head



Textures, prints, and colors add drama to a classic living space.

by SUNNY HUBLER photo by MEKENZIE LOLI

CHARLOTTE-BASED INTERIOR DESIGNER BETH KEIM HAS A true artist's eye that she's honed over the past 15 years spent in her field. Her designs are whimsical, colorful, and always striking. Her design firm, Lucy and Company, is responsible for this eclectic dining room.

Beth points out that dining rooms are often located right as you enter a home, so she often designs the space first as a way to set a tone for the entire house.

"I tend to pull my colors from the dining room and pop them throughout. What I love about any dining space is a sense of ease; it's casual, yet somewhat adventurous." She made this particular dining space dramatic: the textures, prints, and colors add depth and detail to a classic gathering space. To mix it up, the room hosts a

double chandelier and a casual bench to visually open the space (as opposed to seeing all chair backs). By incorporating the grass cloth and the luxe rug, Keim kept a simple two color scheme interesting.

★ For a bit more info: lucyandcompany.com

DETAILS

Rug **by Surya**.

Grass Cloth by Phillip Jeffries.

Chandeliers by Arteriors